Mint and Coriander Raita

Ingredients	Serves 4	Serves 60
Cucumbers (Lebanese), grated or finely chopped	1/3	5
Salt fine	2/3 tsp	10 tsp
Cumin, ground	1/3 tsp	5 tsp
Mint leaves, fresh	1 tbs	45 g
Coriander leaves, fresh	3 tbs	150 g
Garlic - cloves	1/3	5
Greek plain yoghurt	170 g	2 ½ kg
Lemon juice	1/3 tsp	5 tbs

Method

1. Blend all ingredients except cucumber with a hand blender.
2. Add grated cucumber, (squeezing it to get rid of excess moisture), to the blended ingredients.